Multicultural Education Program

Equity, Inclusion, and Diversity University of California, Berkeley

Curriculum Overview

Workshop Title	Description	Goals
Looking In and Looking Out: Exploring Workplace Diversity	This 2.5-hour workshop engages participants in exploring workplace diversity by reflecting on what makes individuals unique and how our identities and experiences affect our worldview. Through telling stories, participants learn more about themselves and others in their organization. This interactive workshop also provides opportunities to practice communication skills for understanding across difference.	 Reflect on who we are Learn about others around us Explore the impact of identity, power and privilege Practice skills for interaction across difference Identify resources
First Take, Second Look: Exploring Unconscious Bias	This 2.5-hour workshop engages participants in discussions of unconscious bias. It includes exploring ways we may not be aware of how our own behaviors are problematic for others, as well as what to do as a recipient or bystander to biased behavior. The workshop features interactive learning, through small and large group discussions, activities and scenarios.	 Practice identifying unconscious bias Recognize the impacts and consequences of unconscious bias in the workplace Explore strategies for responding to situations involving bias, insensitivity and microaggression Identify resources
Let's Talk: Engaging in Cross-Cultural Communication	This 3- hour workshop engages participants in conversations and activities regarding "what gets in the way" when communicating across difference. The session includes a review of interactive communication theory, and offers activities to examine the impact of culture and identity on our communication styles. Focus is primarily on communicating across differences in the U.S. context. Participants work with each other to discuss and apply this information in varied situations.	 Increase awareness of our personal communication styles Increase awareness of diversity and the complexity of communication styles Explore the "Intent vs. Impact" model as it relates to communication dynamics Learn and practice skills that contribute to more effective cross-cultural communication
Creating Inclusive Classrooms (from Division of Equity & Inclusion)	This 2-3 hour workshop from the Division of Equity & Inclusion engages faculty, GSIs, and/or academic departments in a dialogue about inclusive classroom dynamics, pedagogy and instructional practice. The workshop includes conceptual framing, examination of student perspectives, and discussion of composite scenarios from campus departments. Content is customized for participating departments.	 Explore and discuss key issues related to inclusive teaching and learning, including: classroom climate, addressing bias, inclusive group dynamics, inclusive curriculum, responsive teaching strategies, and the importance of student and faculty identity. Share strategies for addressing common classroom scenarios and challenges.